

EDLYA & YOUTH

East District Lutheran Young Adults and East District Lutheran Youth

Get ready to take your first step in knowing

GOD'S WILL IN OUR LIVES

2016 Spring Retreat

Holy Cross Lutheran Church, Kitchener, ON

April 29th-May 1st, 2016 Youth and Young Adults \$50 Day Rate \$30

YOUNG ADULTS REGISTER

edlya.ca

YOUTH GROUP REGISTRATION PACKAGE

lceast.ca/youth OR holycrosskitchener.org

7 + 1 Leader Package

Youth and Young Adult Retreat

April 29th-May 1, 2016
Holy Cross Lutheran Church, Kitchener, Ontario

Dear Youth Leader, Pastor or Parent,

We, the Holy Cross family and East District Lutheran Young Adults want to thank you for volunteering to serve Christ and His youth by being a 7+1 leader! We thank God that He has blessed you with a love and commitment to youth ministry. As we work together in harmony at this retreat, evangelically enforcing these rules, we will be helping to ensure a positive and memorable experience for youth and counselors alike.

Blessings as you serve our Lord and our youth and young adults at this coming retreat!

There must be 1 leader for every 7 youth that are 17 years and younger. The leader is at least 21 years of age, of sound mind and maturity and accompanying the youth for the entire weekend.

This person is required to have completed a Police Check and either submitted it to their home congregation or to East District office BEFORE coming to the district retreat on Friday, April 29th, 2016. For more information, please contact the registrar, Krysti Beckett at krysti@holycrosskitchener.org or 226-989-4444

7+1 leader's responsibilities:

- The 7+1 leaders are at all times responsible for the well being of the youth from their church and others of whom they are specifically in charge. Therefore they need to know:
 - where their youth are at all times (within reason)
 - whether their youth are in their assigned rooms at bedtime
 - what their youth are planning to do during free time
 - of any medical needs of their youth and whether medication (prescription drugs) are being properly administered. In all but very exceptional cases prescription medications will be held and administered by the leader.
- Things you should do before a retreat:
 - read and study your Bible, pray daily, go to worship services regularly
 - speak with your Pastor if you have any questions or concerns. There will also be Pastors at the retreat should you need to connect with one.

Retreat Participant Guidelines:

- Get to know your fellow leaders and youth (if you don't already)
- Work on having a good relationship with them before arriving at the retreat
- Communication is key. Talk openly about issues or potential issues.
- Participate during sessions and encourage your group!
- Participate in singing

Group registration forms need to be e-mailed or mailed (Canada Post) to Krysti Beckett by Tuesday, April 19th, 2016.

- Leaders will bring completed Confirmation Permission/Medical Information Emergency Forms; Media Release; Transportation Forms with them to the retreat. The Media and Transportation release forms will be handed in at registration and you will keep the Confirmation Permission and Medical Information Emergency Forms with you for the weekend, as you are responsible for your youth (make sure they are on separate sheets).

PLEASE PRINT FOR SUBMISSION

Group Registration Form-Youth/Young Adult Retreat

April 29-May 1, 2016 Holy Cross Lutheran Church Kitchener ON

Congregation _____ Address _____

City _____ Prov. _____ Postal Code _____

Church phone (____) _____ Fax (____) _____

Group Leader: (7+1 group) *This person must have a completed police check* (see *Leader Package*)
(One leader for every seven youth) (Leader/Chaperone: responsible person 21 years or older)

Name _____ Address _____

City _____ Prov. _____ Postal Code _____

Home Phone (____) _____ Cell Phone (____) _____ email _____

Full payment is required at registration. Registration deadline is Tuesday, April 19th, 2016. Cost is \$50.00 each for youth or adult. Make cheques payable to Holy Cross Lutheran Church. Registrations can be made with Krysti Beckett by email at krysti@holycrosskitchener.org or by mail to Holy Cross Lutheran Church c/o Krysti Beckett 322 East Ave, Kitchener ON, N2H 1Z5 or by phone at 226-989-4444. Please fill out one of these for every 7+1 group.

Name	Male or Female & Age	Serious Food Allergies
Leader:		
1.		
2.		
3.		
4.		
5.		
6.		
7.		

Food Allergies: We will accommodate most special diets. Attendees who require a more severe diet ie siliac or severe nut allergy are recommended to bring their own food and will receive a \$20 discount for the retreat. Please mark 'bringing food' in this case. If you have any questions, please forward them to the registrar.

PLEASE PRINT FOR SUBMISSION

**Individual Registration Form-Youth/Young Adult Retreat
Adult Permissions and Medical/Emergency Form**

April 29-May 1, 2016 Holy Cross Lutheran Church Kitchener ON

**Attach Form to the group registration form

Participants Name: _____ Birth date MM/DD/YYYY _____

Address: _____ Home Phone: _____

City: _____ Postal Code: _____

Home Congregation: _____ Email: _____

Give This Form to: your 7+1 leader so that they can complete the group registration form

Cost: \$50.00 (Make cheques out to Holy Cross Lutheran Church)

Registration Deadline: April 19, 2016

Emergency Contacts & Health Information:

Emergency Contact: _____ Relationship: _____

Home Phone: (_____) _____ Other phone: (_____) _____

Health card number: _____ (please bring card)

Doctor: _____ Phone #: _____

Allergies: (medical, food, environmental, i.e. Bee stings) _____

Usual treatment for allergies: (ie. inhalers, EpiPen) _____

Medications taken regularly/presently: _____

Any restrictions on activities or diet: _____

I have completed a police check and submitted it to my home congregation or the District Office Yes [] No []

Permissions/Liability Waiver

Please read carefully before signing.

I hereby acknowledge that I am voluntarily participating in the above noted event. Every activity has inherent risks. The attendees of the youth and young adult retreat will be playing games, walking to several places and may be driving within the duration of the retreat. I understand that participation includes that I may be exposed to inherent risks.

Signature: _____ Date: _____

Media Release

We will be taking pictures during this event. We may use still pictures and video in promotion as well as send some of these to LCC East District News and Canadian Lutheran to describe what events took place. While I am attending the retreat, I grant my permission to use photos and or video clips for promotion of this and other LCC youth events. I understand that no photos will be sold.

Signature: _____ Date: _____

PLEASE PRINT FOR SUBMISSION

**Individual Registration Form-Youth/Young Adult Retreat
Youth (17 years and under) Permissions and Medical/Emergency Form
April 29-May 1, 2016 Holy Cross Lutheran Church Kitchener ON**

Participants Name: _____ Birth date MM/DD/YYYY _____

Address: _____ Home Phone: _____

City: _____ Postal Code: _____

Home Congregation: _____ Email: _____

Give This Form to: your 7+1 leader so that they can complete the group registration form

Cost: \$50.00 (Make cheques out to Holy Cross Lutheran Church)

Registration Deadline: April 19, 2016

Emergency Contacts & Health Information:

Emergency Contact: _____ Relationship: _____

Home Phone: (_____) _____ Other phone: (_____) _____

Health card number: _____ (please bring card)

Doctor: _____ Phone #: _____

Allergies: (medical, food, environmental, i.e. Bee stings) _____

Usual treatment for allergies: (ie. inhalers, EpiPen) _____

Medications taken regularly/presently: _____

Any restrictions on activities or diet: _____

Please Duplicate this page and retain for your own records.

Permissions/Liability Waiver

Please read carefully before signing.

I permit my son/daughter to participate fully in the above noted event and authorize them to participate in the retreat. Every activity has inherent risks. The attendees of the youth and young adult retreat will be playing games, walking to several places and may be driving within the duration of the retreat. There will be adult supervision at all of these events. I understand that participation includes that my child may be exposed to inherent risks.

Parent/Guardian Signature: _____ Date: _____

Media Release

We will be taking pictures during this event. We may use still pictures and video in promotion as well as send some of these to LCC East District News and Canadian Lutheran to describe what events took place. While my child is attending the retreat, I grant my permission to use photos and or video clips for promotion of this and other LCC youth events. I understand that no photos will be sold.

Parent/Guardian Signature: _____ Date: _____

What to bring to the retreat:

Proper clothing and footwear for indoors and outdoors

Swimming suit and towel for swimming at public pool

Towel, washcloth and personal toiletries

Sleeping bag, pillow and padding / air mattress (as we will be sleeping in the Church on both Friday and Saturday nights)

Bible & Catechism

Serving attitude for the weekend

What not to bring to the retreat:

Electronic equipment such as cell phones, iPods, mp3 players, CD/DVD players (as they may get lost and we want your focus on the events at this retreat)

Poor attitude for the weekend

\$50 covers the whole weekend

7:00 pm, Friday April 29, 2016 – Noon, Sunday May 1, 2016

Holy Cross Lutheran Church N2H 1Z5

322 East Ave, Kitchener ON



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c/o Krysti Beckett

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